

ikatan spa menu packages

SP safe during pregnancy

kharma rejuvenation 5 hours \$525 SP	coconut wrap, 60 minute massage, advanced performance facial, lunch, deluxe pedicure
indulgence 3 hours \$375	Balinese boreh wrap, 60 minute massage, advanced performance facial
ikatan for men 3 hours \$350	foot pamper, 30 minute head massage, 60 minute massage, men's facial
bali getaway 3 hours \$325 SP	60 minute massage, skin specifics facial, deluxe pedicure
recovery ritual 2 hours \$270 SP	60 minute massage - 45 minute facial - body scrub
relax results 2 hours \$260 SP	45 minute massage and advanced performance anti aging facial
noosa dua 1.5 hours \$200 SP	foot pamper, 30 minute massage, 30 minute facial
essentials 1.5 hours \$185 SP	the perfect treatment duo - massage targeting specific problem areas followed by an Elemis facial designed for your skins concerns

packages for two – in double treatment room

denpasar duo 3 hours \$650 SP	foot pamper, 60 minute massage, 60 minute facial, spa bath
ikatan escape 2 hours \$500 SP	spa bath, massage, body scrub, foot pamper
essence of ikatan 1.5 hours \$400 SP	foot pamper, 60 minute massage and mezze platter for two in the garden

body treatments

special seasonal package 2 hours	body treatment, massage, facial. Ask reception or view on website
coco-luscious wrap & facial SP	organic oil, coconut scrub and wrap to exfoliate and hydrate your skin. While cocooned in the wrap, enjoy a mini facial and scalp massage. Total body nourishment
90 minutes \$195	
balinese boreh wrap & massage	a traditional warm spice exfoliation and wrap that is used to help relieve muscle aches, increase circulation and support the lymphatics followed by a massage - energising and hydrating
90 minutes \$185	
vanilla bean wrap & massage SP	dry body brush (optional) then subtle vanilla milk anoints your body in a soothing wrap followed by a massage. Perfect antidote for stress, and excellent for calming sun burnt skin. Soothing and calming
90 minutes \$185	
tropical glow SP	45 minute massage and body scrub of your choice upon arrival at ikatan
60 minutes \$165	

Elemis facials – consultation with therapist to select appropriate facial SP

** Jane Iredale make-up consultation and applications*

elemis advanced performance and anti-ageing facials 75 minutes \$170 *	
• visible brilliance	for ageing, stressed and slackened skin. Instantly firms, rejuvenates and plumps
• quartz lifting	for fine lines and wrinkles. Immediate results in helping to slow down ageing
• oxygen skin calm	pure soothing heaven for sensitive skin. Reduces redness and offers comfort
• s.o.s. purifying facial	for oily and congested skin. Helps to calm and balance
• tri-enzyme resurfacing	facial to reduce lines, wrinkles, pigmentation, acne scarring and sun damage
modern skin facial 60 minutes \$150	powerful for young women with skin concerns caused by stresses, pollution and diet. Reduce rosacea, boosts radiance.
elemis skin specifics 60 minutes \$140 *	
• fruit active glow	a powerful skin recharge for dull lifeless skin
• exotic moisture dew	for dry skin in need of a saturating moisture boost
• herbal lavender repair	perfect restoration of skin balance for combination and oily skin
men's urban calm 60 minutes \$140	deep cleansing, calming and moisturising for fresh clean skin

massage - designed to meet your needs with therapist's consultation

chi massage treatment 90 min \$170	tired, overworked or stressed? This is for you. Combining reflexology, aromatherapy and herbal compress, this is a slow, soothing therapeutic massage designed to balance your Chi (energy)
hot rock massage 90 min \$170 or 60 min \$140	using smooth rocks and hands combined in massage to melt away tension and encourage deeper relaxation
balinese massage 90 min \$150 60 min \$120	unique blend of stretching, long flowing strokes and pressure techniques to relax and reduce muscle tension
combination massage 90 min \$150 or 60 min \$120	combining aroma oil with massage techniques from Asian cultures to help relaxation, relieve tension and stress
pregnancy massage SP 60 min \$120	nurturing therapeutic massage with organic coconut oil on a soft contour spa bed
oriental head massage SP 60 minutes \$120	shampoo then conditioning treatment is massaged into scalp using oriental techniques followed by a hot towel head wrap. Neck, shoulders, arm and hand massage before hair is rinsed. Outdoor treatment

feet and hands

foot & finger harmony SP
90 minutes \$155

the perfect duo for nails - a foot soak and scrub, full nail service for fingers and toes

deluxe pedicure SP
60 minutes \$97

a ritual for the feet, with a soak and scrub, full nail treatment, soothing foot massage and mask

deluxe manicure SP
60 minutes \$97

a ritual for the hands with milk soak, exfoliation, full nail treatment, hand, arm, neck and shoulder massage

foot pamper SP
30 minutes \$75

unwind and de-stress with a foot massage that starts with a foot soak, salt exfoliation and pumice stone buff. Available as an add on to any other treatment

sparty' it's a spa party! food at ikatan - menu on website

Private party area away from treatment rooms for groups of 4 to 30 people. Catering available with complimentary beverages. View our website for group party and pamper package options. High Tea and platters.

wedding gardens and balinese chapel

Private tropical gardens for wedding ceremonies and photos, separated from the spa area by a rain forest walkway. [ikatan](#)

shop on-line - ikatan - elemis - jane iredale mineral makeup - gift vouchers

Ikatan is a peaceful setting for those wanting to relax and therefore we do not cater for children or babies at ikatan day spa.

holiday transport

available for spa clients on holidays without a car by prior arrangement at time of booking, (when available) **from your holiday accommodation**, complimentary holiday transport (noosa to sunshine coast airport), with bookings of 2 hours or more per person.

reservations

we recommend you book in advance. Our staff can assist you in selecting the best treatment options to suit your needs.

please have your credit card number with you at time of booking. A credit card is required to confirm all bookings. (See cancellation policy below)

please advise us at time of booking of any **allergies, disabilities or pregnancy.**

late arrival to a booking will determine the length of your treatment time.

cancellation policy

your treatment time has been reserved especially for you. **If you need to reduce treatment time, reschedule, or cancel your appointment you are required to provide 24 hours notice (group bookings 7 days notice).** Without notice the full charge of your treatment will apply. Should you not arrive for your appointment the full amount will apply and gift vouchers are void.

All prices are inclusive of GST and are subject to change without notice.



location

46 Grays Road, Doonan - Noosa
10 minutes from Noosa, 7 minutes from Eumundi,
15 minutes from Coolool or Peregian and
20 minutes from Sunshine Coast Airport

open

monday to saturday 9.00 am - 6.00 pm
sundays 10.00 am - 4.00 pm by appointment only

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